Invites you to a one day workshop

**Therapeutic Tools and Techniques for Clinics and Classrooms**

presented by

**Kimberley O’Brien, Educational & Developmental Psychologist**

**Dates and Locations:**

Workshops will begin at 9.30am and end at 4.30pm. Registration and tea / coffee from 9am

**Sydney: Parramatta RSL Club, Cnr Macquarie & O’Connell Sts, Parramatta**

* **Monday 14th March 2016**

**Brisbane: Robertson Gardens, 281 Kessels Road, Nathan, Southside Brisbane**

* **Friday 18th March 2016**

**Registration Fees:**

**Normal rate:** $242 (GST incl) Morning tea, lunch, and afternoon tea included

**Early Bird Special for those registering and paying in full by 31st January 2016:** 10% discount for those people registering with a colleague (registration forms must be received in same email or in same envelope).

**Full-time students** receive a 10% discount – a copy of your current student card needs to be sent with your registration form.

**Workshop description:**

This practical one-day workshop invites participants to experience a range of therapeutic tools designed to engage children, adolescents and families. Using pen and paper, craft supplies, figurines and the Quirky Kid resources, participants will learn how to draw out and resolve common social and emotional issues impacting on young people, including anxiety, low self-esteem, peer/family conflict, school refusal, high risk behaviour and adjusting to change.

Kimberley will guide participants through techniques suitable for individuals or groups, as well as differentiating between interventions suited to clinics and those for use in classrooms. This workshop also explains the process of engaging a clinical team to work together with high needs clients to ensure participants walk away feeling better resourced and more empowered to make positive change with children and families.

**Key Learning Objectives:**

* To practice more than 8 different therapeutic techniques suitable for clients aged 4-16 years.
* To use the full range of Quirky Kid (QK) resources designed for individual and groups.
* To learn which tools and techniques can be used to engage siblings and families.
* To listen to case studies, watch brief videos and ask questions in a relaxed atmosphere.
* To see the recently published “Best of Friends” program for clinics and classrooms.

**This workshop is suitable for:** School counsellors, psychologists, social workers, experienced teachers, youth workers and mental health specialists.

**About the speaker:**

Kimberley O'Brien is an Educational and Developmental Psychologist with 20 years' experience using practical techniques to engage and empower children, adolescents and families. She is a member of the APS College of Educational and Developmental Psychologists (CEDP) and the Association for Research in Infant and Child Development (ARICD). Kimberley is an Accredited Supervisor Psychologist’s Registration Board and she is also accredited to administer the Autism Diagnostic Observation Scales (ADOS-2) and The Griffith Mental Development Scales (GMDS).

Kimberley co-founded the Quirky Kid clinic and publishing house in 2007. The company continues to grow, delivering therapeutic programs, clinical resources, supervision and support to parents and professionals around the world. For more information about Kimberley see: [www.childpsychologist.com.au](http://www.childpsychologist.com.au) or [www.quirkykid.com.au](http://www.quirkykid.com.au)

**Venues:**

**Parramatta**: Parramatta RSL is about a 10 minute walk from Parramatta Station. Alternatively there is a free Loop bus from Parramatta station, which runs every 10 minutes, and stops in Macquarie St near the RSL. There is a car park available across the street from the RSL club, which can be entered via Macquarie St where there is LIMITED free parking if you get your ticket stamped by the RSL Club before leaving. There is also user-pay parking available in Hunter St.

**Brisbane**: Robertson Gardens is situated 15 km from Brisbane city and 23km from Brisbane Airport.

For information about the location and transport to the venue go to their website <http://www.robertsongardens.com.au/about/locations/>

For those people needing an overnight stay, there is accommodation available at the venue – see their website for details.