



Invites you to a one day workshop

*Interventions with young people who engage in  
problematic sexual behaviour*

presented by

**Linda Valenta, Social Worker**

**Date:** Friday, 27<sup>th</sup> July 2018

**Time:** 9.30am. to 4.30pm. Registration and Coffee from 9am.

**Venue:** PARRAMATTA RSL CLUB, Cnr Macquarie and O'Connell Sts, Parramatta

**Registration fees:** \$352 (GST incl) Morning tea, afternoon tea and lunch provided

**Super Early Bird Special:** 20% discount for those people registering and paying in full by 27<sup>th</sup> May 2018

**Early Bird Special:** 10% discount for those people registering and paying in full by 27<sup>th</sup> June 2018

**Full time students** receive a 20% discount – a copy of your current student card needs to be sent with your registration form.

**Workshop description:**

This workshop will explore an approach to working with young people who engage in problematic or harmful sexual behaviour which focuses on the goals of helping children to be safe (risk management) and be well (risk reduction).

Using case studies and client examples we will focus on intervention techniques with an emphasis on strategies around:

- ✚ Engaging children in a process of change
- ✚ Developing insight and understanding of the dynamics of problem sexual behaviour
- ✚ Promoting healthy sexual development
- ✚ Addressing sexual abuse within a family context
- ✚ Risk management and safety planning

Participants will learn to:

- ✚ Describe the principles of intervention with problem sexual behaviour
- ✚ Be able to engage children in talking about sexual abuse
- ✚ Understand the dynamics of problem sexual behaviour and implement strategies to identify and explore these.
- ✚ Identify strengths and assets to reduce risk
- ✚ Identify dynamics within families that may be protective or problematic
- ✚ Develop risk management plans with children and professionals.
- ✚ Describe challenges to and implement strategies to enhance collaborate intervention

### About the speaker:



Linda Valenta is a Social Worker (Master of Social Work in Couple and Family Therapy) who has, for much of her 27 year career, worked in the area of sexual abuse prevention. Linda is the founder and Principal Therapist of SAIFF – Support, Assessment & Intervention For Families – a community based, private treatment service that provides assessment and intervention to help children and their families to:

1. stop problematic and abusive sexual behaviour and create relationships and homes that are supportive, safe and abuse free, and
2. minimise the harm to children and families that results from abuse.

As a recognized expert in the field, Linda has provided contracted therapy and consultative services to a range of Government and non-Government Agencies including NSW Family & Community Services and the ACT Child Youth Protection Services and she has facilitated training across Australia and New Zealand to professionals and agencies from the Child Protection, Education, Sexual Assault, Out of Home Care and Mental Health Sectors.

### Venue:

Parramatta RSL is about a 10 minute walk from Parramatta Station. Alternatively there is a free Loop bus from Parramatta station, which runs every 10 minutes, and stops in Macquarie St near the RSL. There is a car park available across the street from the RSL club, which can be entered via Macquarie St where there is LIMITED free parking if you get your ticket stamped by the RSL Club before leaving. There is also user-pay parking available in Hunter St.

